

1 Publix:30

What's better than having a home cooked meal with your family? I know how to make that happen with Publix Apron simple meals. I know what your thinking? – You don't have time. Takes less than 30 minutes. You're turn to cook again? So you add the pasta the sauce and your done that's it! And I also know when the kids like it... Mom's making it!

While knowing what we serve is important, everything you need is right here, knowing who we serve matters even more.

Publix, where shopping is a pleasure!

#2 AMTRAK

So much beauty in one place! America is a great country, and we've got the best way to see it. Amtrak "Explore America" Fares. Round trips from one hundred and seventy nine dollars all across America. It's a great country at a great price. Call 1-800-USA-rail now about Amtrak "Explore America" Fares.

#3 DELTA AIRLINES

From Brussels to Budapest, Milan to Munich...Delta gives you more non-stop flights to more cities in Europe than any other airline in the world. 290 weekly flights...21 countries...more Europe... more often. Nobody gives you more of Europe...than Delta Airlines.

#4 CARDIOVASCULAR HEALTH

Many common health problems can put your cardiovascular system at risk. High blood pressure puts stress on the heart and other major organs. High cholesterol can clog important blood vessels. Uncontrollable diabetes affects how well your heart works and--like all of these conditions----can lead to heart attack, stroke, and severe kidney disease. That's why it's so important to keep these cardiovascular conditions controlled. Each one of them has a specific treatment goal, an actual number you should be trying to reach. Do you know yours? If not, talk to your doctor; find out what your goals are and what you can do to reach them. Because a healthy heart is within your grasp today.

#5 BRITA WATER FILTER

This Holiday, we'd like to encourage excessive drinking. Water, of course. Incredibly clear, fresh water. It's the gift you give with Brita, and a healthy alternative to the usual holiday spirits. So go ahead, indulge...it's a good thing. Happy and Healthy Holidays.

#6 DELIGHT BAR

I've got a problem. I think I'm becoming an ice-cream snob. But I ask you, who cares about those franchise flavors like granola peanut supreme and Hungarian chocolate -- when you can buy a creamy Delight bar. So what are you waiting for? Pick up a creamy Delight bar and become an ice cream.